



**PRESIDENT:** GRAHAM ROSE  
**SECRETARY:** PENNY McNAUGHTON  
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Theme 2023-2024  
**CREATE HOPE**  
in the WORLD

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**NEWSLETTER: 3RD MAY 2024**

# TOTAL FIELD DAYS



Established in 1984, Total Field Days is the premier agricultural event in the Hunter, Newcastle and Central Coast Regions.

Held every year on the first weekend in May, our visitors include people on the land who are looking for the latest innovations, hobby farmers and enthusiasts and people just looking for a great day out. Our 340+ exhibitors bring all the latest in farming techniques and technologies, machinery, remote devices, solar energy and award winning livestock. As well as local Good Food & Wine, demonstrations and a boat load of fun.

Total Field Days is an non profit incorporated association with three part-time staff members and an enthusiastic band of volunteers.

"We work hard throughout the year to ensure that the event runs smoothly for both exhibitors and visitors. The Team is always looking for the unusual, the new and the unique to add to the event and make it engaging and fun year in and year out

The Rotary Club of Cessnock has been providing breakfast and lunches for quite a number of years. This year we have a large number of our members taking part. We were given a new location away from all the food venue areas, so let's hope it works out well.

# CESSNOCK BICYCLE CLUB



Cessnock Bicycle Club joined with [Rotary Club of Cessnock](#) to give away a stack of bikes to local families at the new pump track in Bellbird. The kids were lined up waiting for bikes when we got there and everyone got a ride as they shared the bikes around. The new sports facilities at Carmichael Park are excellent, it was packed with picnicking families and riders of all ages all afternoon. Just to make sure that the bikes were rough and ready for a hard workout, our President Graham volunteered to test them out.

# Fun Day at the new Pump Track



President Graham and Helen have been storing and restoring bikes at their place for quite a while now and donating them to various groups and people in need that can't afford to buy one. Thanks to Stephen Whitby from the Bicycle Shop this venture has been a real success. There were heaps of bikes ready in the van and kids took advantage of them. This event is likely to become a yearly event. Thanks to everyone who helps in restoring the bikes, especially President Graham Rose.

# CESSNOCK INTERACT CLUB



A Night with the Interact Club at Cessnock High School Last night, our community had the privilege of attending a dinner and presentation hosted by the newly formed Interact Club at Cessnock High School. The enthusiasm and dedication radiating from these young minds left a lasting impression on all attendees. In just a few short months since its inception, the Interact Club has wasted no time in setting ambitious goals and tirelessly working towards achieving them. During the event, we were fortunate enough to gain insight into the club's current projects and future aspirations

Outlined were the six pillars of their current goals:

- Recycling Cans: The Interact Club has taken a proactive stance on environmental sustainability by spearheading a recycling initiative aimed at reducing waste and promoting a greener community.
- Clothing Drive: Recognising the importance of giving back, the club has organised a clothing drive to provide essential items to those in need, fostering a sense of unity and compassion within the community.
- Food Drive: Hunger knows no bounds, and the Interact Club understands this all too well.

Through their food drive efforts, they aim to combat food insecurity by collecting and distributing essential food items to individuals and families facing hardship.

-Share the Dignity: In a world where basic necessities are often overlooked, the Interact Club has taken a stand to support Share the Dignity, an organisation dedicated to providing sanitary products to women experiencing homelessness or poverty.

-Kindness Project: Kindness is contagious, and the Interact Club is spreading it like wildfire. Through their kindness project, they are encouraging random acts of kindness to brighten someone's day and create a ripple effect of positivity.

As we listened to the passionate presentations delivered by the club members, it became evident that their dedication knows no bounds. Their unwavering commitment to making a difference, both locally and globally, serves as a beacon of hope for future generations. In a world often overshadowed by negativity, the Interact Club at Cessnock High School reminds us that change begins with us.



# SCIENCE AND ENGINEERING CHALLENGE



Every year, our members support the Science and Engineering Challenge, a nationwide STEM outreach program conducted by the University of Newcastle in collaboration with communities, Rotary clubs, universities, and sponsors. The SEC offers students exposure to scientific and engineering concepts beyond their typical school curriculum. We had Penny and Greg in attendance this year.



Cessnock ANZAC Day ceremonies were a huge success this year. I have been to many over the years but have never seen this many people in attendance before. We had the marching bands, the veterans, the many school groups and so many people paying their respects.



Penny's husband Tony reached 70 years young and Penny in her usual style organised a wonderful Birthday Party at the Vintage. Tony's favourite colour is yellow which you would never guess from these shots.. Happy family shot on the night and everyone in yellow.

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What an event Penny attended another Newcastle's Dîner en Blanc: an elegant outdoor affair where guests don white attire and gather for a gourmet picnic amidst the city's iconic landmarks. With live music and camaraderie, it's a magical celebration of community and creativity under the stars.





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can assist you in relation to

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Sale and Purchase of residential homes, units and properties,  
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Home appointments including on weekends  
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