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NEWSLETTER: 25TH FEB 2025

GUEST SPEAKER MICHELLE JOHNSTON



What an insightful session we had with our guest speaker, Michelle!
Michelle, a certified NLP coach, gave an incredible presentation on the fascinating concepts of the unconscious and conscious brain. She explained how our unconscious mind stores deep-rooted beliefs and automatic responses, influencing our thoughts, behaviours, and habits without us even realizing it.

We also learned how the conscious brain is in charge of logical thinking, decision-making, and being present in the moment. By understanding the relationship between these two brain functions, Michelle showed us how we can notice and transform unconscious patterns that might be holding us back.

A huge thank you to Michelle for shedding light on such powerful concepts that can truly help us grow and evolve!

We were so impressed by Michelle's talk as quite a few members had heaps of questions afterwards. Plus Michelle must have also been impressed by our friendly club, that she and her husband Shane wants to join our club. Now that sure is a WIN WIN.

Some great results to date.

The Valentine's Day High Tea was sold out and it turned out to be a huge success. Our next event is the Trivia Night and it is getting close to being sold out as well. We are on a roll and we are already advertising our next fantastic event.



DECK CAFÉ EVENTS



The first locals night of 2025 at The Deck Café went off with a bang 🧨 .. Theme was “Matt’s Favourites” and I’m sure each and everyone would confirm... WOW ... the staff chefs, front of house and cellar door nailed it! Be sure to book in early for March LOCALS NIGHT as they book out quickly. Two of our members Penny and Peter were there with our prospective member Michael with chef and host Matt Dillow.

NEW EVENT - ELEGANT WHITE PICNIC

Rotary Club of Cessnock Presents An Elegant White Picnic

Join us for a magical night under the stars in the beautiful, illuminated grounds of Marthaville and share a unique picnic experience with family and friends.

Date & Time: Saturday, 5th April at 5:00pm
Location: Historical Grounds of Marthaville
200 Wollombi Rd, Cessnock
Cost: \$20 per person

All proceeds to fund the cost of local high school children to attend RYPEN (Rotary Youth Program of Enrichment) designed to empower young people through leadership, personal development, and community service opportunities.

Dress Code: Ladies: All white attire
Men: White shirt, and option for colour of your choice for trousers

What to Bring:

- * Your favourite picnic food and beverages
- * Picnic ware, white plates, cutlery and glassware

What's Provided

- * Tables and Chairs
- * White tablecloths and napkins

Event Highlights

* Live music to create a magical ambiance

* A collective napkin wave to mark the commencement of dinner

* The beautifully decorated gazebo will provide an exquisite backdrop for your photos and our own photographer will be present to capture every moment.

* Prize for the best dressed

Scan the QR code to book tickets



Don't miss this enchanting evening! For further information contact Vicki 0418 250 887 or cessnockrotary@gmail.com



COME ALONG AND BE PART OF
OUR VERY FIRST WHITE PICNIC
EVENT AT MARTHAVILLE
COTTAGE

VELENTINE'S DAY MORNING TEA



A sold out event at Marthaville Cottage. Huge success to our club with huge thanks to Vicki, Penny, Bev, Caroline and Else. Plus our wonderful musician Ron for adding that nostalgic touch to a fantastic event. Everyone enjoyed it and it's probably on the agenda again next Rotary Year.



Friday Night Sausage Sizzle

Rotary
Club of Cessnock



Sponsored by the Greta Workers Club



OUR PROGRAMS ARE BACK ON SCHEDULE

FEBRUARY

**PEACE AND
CONFLICT
PREVENTION/
RESOLUTION
MONTH**



"If you want real peace in the world, start with children." Mahatma Gandhi

A Beacon of Hope: Cessnock Rotary's Transformative Meals Program

JOIN US FOR A FREE BREAKFAST AND LUNCH EVERY WEDNESDAY
IN THE UNITING CHURCH HALL
CNR CUMBERLAND ST AND COOPER ST CESSNOCK
8 am to 12pm
Complimentary to the Unhomed and Disadvantaged

Rotary Club of Cessnock

Rotary Club of Cessnock

Scone Time at Marthaville Cottage

Friday Mornings between 10am - 12pm



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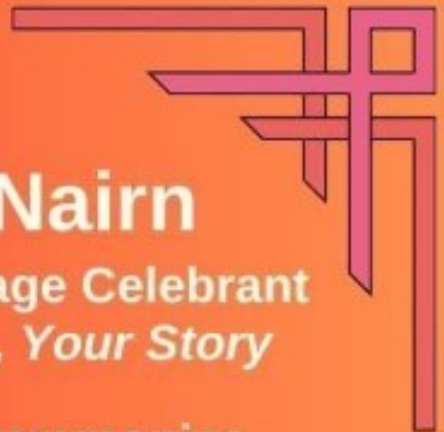
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Our club is pleased to welcome a New Sponsorship for the 24/25 Financial year Jason from JWN Electrical has generously offered to support us If you are looking for an Electrician, Jason is your man. Help us support his local business, as his support of Rotary , allows us to support the community

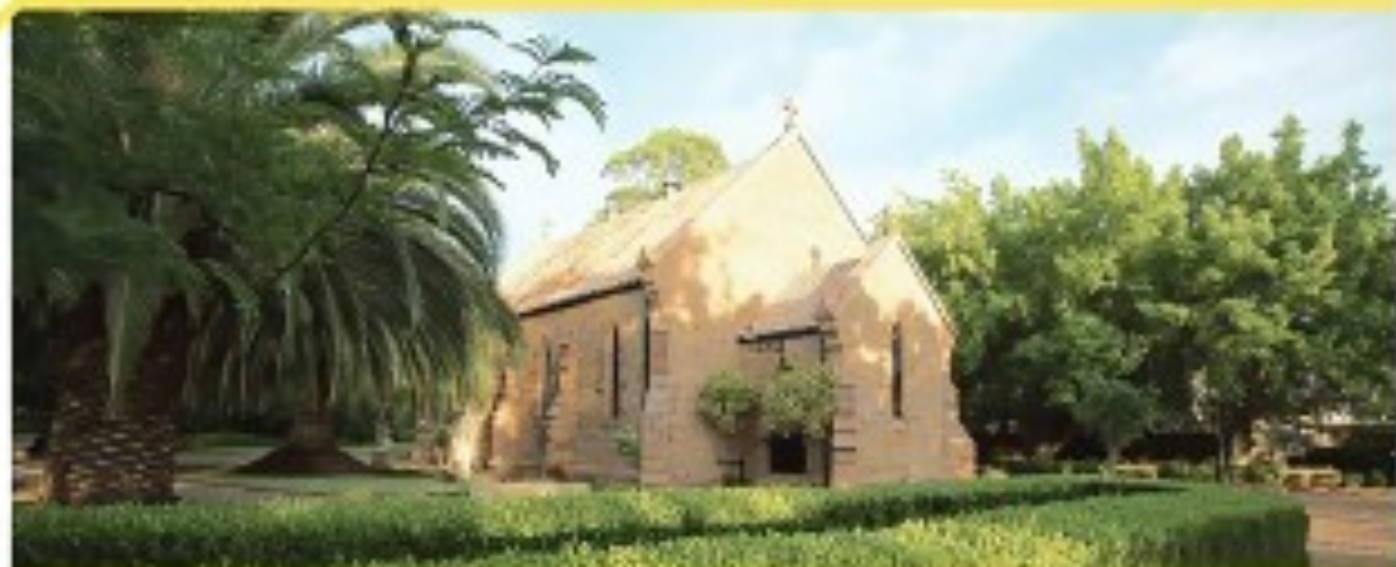
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